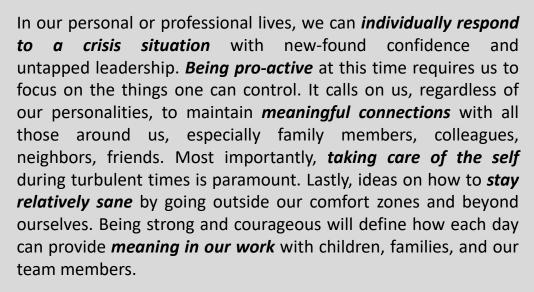
Staying Strong, Being Courageous:

The Early Childhood Profession

During a Time of Crisis

Interactive, virtual session on how to recognize and expand *our best qualities* during the COVID-19 pandemic.

Presented by Luis Hernandez, MA, Early Childhood Education Specialist



Learning Outcomes:

affirm a sense of confidence and security

understand when we do and don't have control

continue to maintain social connections with others

affirm the importance of self-care during difficult periods

recognize that staying sane is a healthy strategy



Time Frame: either a morning or afternoon session designed for about 2.5 hours; regular bio/physical breaks are part of the interactive experience.

Session Framework:

- session is designed for small group - limit 20 participants per session
- all participants will need access to technology, WiFi service and be versed in Zoom technology
- session allows for individual comments & questions
- application of video conferencing "Best Practices"
 we're all learning!

Price: \$700 per session



Ready to Stay Strong, Be Courageous?

Let us know!

Whether you simply want more information or are ready to get started, **contact T/TAS at 800.882.7482 or ttas.info@wku.edu.**