

# Head Start & Early Head Start Home-Based Pre-Institute

September 26, 2023

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# 34th Annual Head Start & Early Head Start Home-Based Institute

September 27-28, 2023



Gatlinburg Convention Center

Gatlinburg, Tennessee

Register online at [ttas.org](https://ttas.org)



# Head Start & Early Head Start Home-Based Pre-Institute: An Overview and Orientation to the Head Start Home-Based Option

September 26, 2023

Gatlinburg Convention Center

Gatlinburg, Tennessee

See Page 4 for details on the *34th Annual Home-Based Institute* on September 27-28, 2023.

**Overview and Orientation to the Head Start Home-Based Option** will be a full day, interactive session for staff who want to take a good look at the requirements of the Head Start Performance Standards and how those requirements apply to the Home-Based option. Presenters will discuss practical applications for carrying out the requirements of Home-Based Head Start/Early Head Start.

The first part of the day will focus on the Home-Based Program Option and the requirements that make it a great program! The second part will focus on Services to Expectant Families and how these services are to be carried out and managed to ensure a quality program for all.

The Standard Registration Fee is \$300 per person. T/TAS@Your Service members may qualify for the Subscriber Rate of \$250 per person. (Please visit [www.ttas.org](http://www.ttas.org) for information on how to become a subscriber.) For details on registering for this event, including information on earning .6 Continuing Education Units (CEUs), see page 9 of this brochure.



## Learning Objectives

- ★ Participants will be introduced to and review the requirements for operating a Head Start or Early Head Start program using the home-based option.
- ★ Participants will review the Head Start Program Performance Standards and discuss techniques and strategies to implement the standards in Home-Based Head Start and Early Head Start.
- ★ Participants will receive information and materials about approaches and techniques in working with home-based families.
- ★ Participants will explore the various ways that Services to Expectant Families can be implemented.

## Your Presenters



**Janet Buckley**, Special Projects Consultant, has over 30 years of leadership experience in a variety of Head Start and other non-profit programs. She founded and still manages the National Home Visitor Resource Center and her training materials on the home-based option have been disseminated nationally. She has a BA in Communications, an MA in Education, and a Certificate in Non-Profit Management.



**Amy Hood**, EdD, T/TAS Executive Director, Infant/Toddler & Early Childhood Specialist, has a Doctorate in Child and Youth Studies, an MA in Early Childhood, and a B.S. in Child Development. She is the Director of the Family Child Care Network of KY and has served as an adjunct faculty member at Western Kentucky University. Dr. Amy Hood has worked extensively with Early Head Start administrators and caregivers since Early Head Start began and is an expert on Early Head Start. She was an EHS Coordinator with a Wave I program and has provided training and technical assistance to Early Head Start programs across the United States. Dr. Hood is certified in all four modules of the Program for Infant-Toddler Caregivers and has been certified reliable on the Toddler CLASS tool.

*(T/TAS reserves the right to substitute presenters.)*

## The Head Start & Early Head Start Home-Based Pre-Institute: An Overview and Orientation to the Head Start Home-Based Option

### Tentative Agenda – Eastern Time Zone

#### Tuesday, September 26, 2023

8:00 – 9:00 AM	Pre-Institute Registration
9:00 – Noon	History and Background Program Option Regulations <ul style="list-style-type: none"><li>– Staffing and Staff Training</li><li>– Planning and Scheduling Home Visits and Socialization Days</li></ul> Child-Focused Services in Home-Based
Noon - 1:30 PM	Lunch on Your Own
1:30 - 4:30 PM	Services for Expectant Families in Home Based Q&A Session





# 34th Annual Head Start & Early Head Start Home-Based Institute

September 27-28, 2023

Gatlinburg Convention Center

Gatlinburg, Tennessee

The Head Start & Early Head Start Home-Based Institute is a unique training event designed for new and veteran home visitors and other staff working in programs using the home-based model for delivery of Head Start or Early Head Start services. The Institute also welcomes programs and staff interested in learning more about the Head Start home-based option or considering a home-based model as a temporary option. New home visitors, and home visitors who would like a review or refresher course, may also wish to attend **The Home-Based Pre-Institute on September 26, 2023.**

The National Home Visitor Resource Center and T/TAS have continued incorporating school readiness goals into workshops as appropriate.

The Standard Registration Fee is \$425 per person. T/TAS@Your Service members may qualify for the Subscriber Rate of \$350 per person. (Please visit [www.ttas.org](http://www.ttas.org) for information on how to become a subscriber.) For details on registering for this event, including information on earning .7 Continuing Education Units (CEUs), see page 9 of this brochure.



***Registrants are required to select their choice of workshop sessions in advance during registration.***

## Learning Outcomes

- ★ Participants will receive practical information and materials specific to the home-based program option.
- ★ Participants will share strategies and techniques for working with families in home-based programs.
- ★ Participants will increase their professional knowledge of appropriate methods and materials to use in the Head Start and/or Early Head Start Home-Based option.

## Your Presenters

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**Janet Buckley**, Special Projects Consultant, has over 30 years of leadership experience in a variety of Head Start and other non-profit programs. She founded and still manages the National Home Visitor Resource Center and her training materials on the Home-Based option have been disseminated nationally. She has a BA in Communications, an MA in Education, and a Certificate in Non-Profit Management.

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**Michael Gramling**, Special Consultant and Lifelong Social Justice Advocate found his professional home in 1979 when he discovered Head Start and embraced its values and its goals – particularly those of enhancing the dignity of families living in poverty and of supporting parents as the primary educators of their children. The body of work he has produced since then reflects his values, his academic training, and his real-life experiences as a Head Start parent, teacher, and manager. Michael is the author of *The Great Disconnect in Early Childhood Education: What We Know vs. What We Do*, published by Red Leaf Press. Michael has an M.A. in Human Development from Pacific Oaks College.

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**Luis Hernandez**, Early Childhood Education Specialist, holds an MA in Bilingual/Multicultural Education from the University of San Francisco. Luis brings solid academic expertise based on his work history in Head Start, child care, Pre-K programs, colleges and universities, child care resource and referral administration, and management development. Luis' work focuses on early childhood education topics and staff professional advancement. His range of expertise includes early literacy, dual language learning, adult learning practices, staff motivation and advancement, and ECE management and partnership topics. He is highly regarded for interactive and engaging keynotes, seminar presentations, focused workshops, and diverse training options.

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**Dr. Amy S. Hood**, Executive Director & Infant/Toddler Specialist, has worked with Head Start and child care since 1988. She has an extensive educational background in early childhood development, with a BS in Child Development, an MA in Early Childhood, and an EdD in Child and Youth Studies. In addition to her work in T/TAS, Dr. Hood is also the Director of the Family Child Care Network of KY.

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**Kaity Kellett**, Family Child Care Specialist, Family Child Care Network of KY, is a childcare professional who started her career at the YMCA, then went to Head Start/Early Head Start before joining the Family Child Care Network of KY. She has a BA in Educational Support for Youth Services and a minor in Child Development and Family Services. Kaity, born in a rural town on the coast of North Carolina, was raised in a family child care setting and is proud to be a part of a team who is promoting and fostering that environment.

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**Sherri Meyer**, Early Childhood Specialist, has worked in the early childhood field since 1992. She has a BA in Elementary Education with a Middle School Math Endorsement and a MA in Education in Interdisciplinary Early Childhood Education from Birth to Age 5, both from Western Kentucky University. She has worked with children from birth to school age in child-care, Head Start, and Early Head Start. Sherri has much experience working with early care and education professionals in providing training and technical assistance. She continues to enjoy being a part-time faculty member at WKU's Applied Human Sciences FACS department working with individuals interested in the early childhood field.

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## Head Start & Early Head Start Home-Based Institute

### Tentative Agenda – Eastern Time Zone

Session descriptions are available on page 9 of this brochure.

#### Wednesday, September 27, 2023

- 8:00 - 9:00 AM Registration and Continental Breakfast
- 9:00 - 9:10 AM Welcome and Introductions – *Janet Buckley, MEd, and Amy Hood, EdD*
- 9:10 - 10:15 AM Everyday Joyful Movement: Tips for Invigorating Our Daily Joys! – *Luis Hernandez, MA*
- 10:15 - 10:30 AM Break
- 10:30 - 11:45 AM **Workshop Session I:**
- Home —The Primary Learning Environment — *Amy Hood, EdD*
  - Poverty is an Adverse Childhood Experience — *Michael Gramling, MA*
  - Promoting Health and Safety in Home-based – *Sherri Meyer, MAE*
  - FLIP IT: Transforming Challenging Behavior: The Preschool Edition – *Kaity Kellett, BAE*
- 11:45 - 1:15 PM Lunch on Your Own
- 1:15 – 2:30 PM **Workshop Session II:**
- A Special Welcome: Creating and Sustaining Family-Friendly Programs – *Luis Hernandez, MA*
  - The Print-Rich Home Environment – There is More to Early Literacy Than Putting Signs on the Furniture – *Michael Gramling, MA*
  - Teamwork — Let’s Have Fun! – *Sherri Meyer, MAE*
  - Born Learning Language and Communication (EHS) – *Kaity Kellett, BAE*
- 2:30 - 2:45 PM Break
- 2:45- 4:00 PM The “Perfect” Home Visit: Bringing ALL of Head Start/Early Head Start into the Home – *Janet Buckley, MEd*

#### Thursday, September 28, 2023

- 8:00 - 9:00 AM Continental Breakfast
- 9:00 - 10:15 AM **Workshop Session III:**
- Promoting Health and Safety in Home-Based – *Sherri Meyer, MAE*
  - Directors/Managers Forum – *Janet Buckley, MEd*
  - Understanding Social/Emotional Development – *Amy Hood, EdD*
  - The Best in Learning a New Language: Methods and Strategies on How Children (and Adults) Learn a Second Language – *Luis Hernandez, MA*
- 10:15 – 10:30 AM Break
- 10:30 AM – Noon **Workshop Session IV:**
- It’s More Than Coloring: Taking a Look at Creative Art– *Sherri Meyer, MAE*
  - Socialization Days: Time to Have Another Look at How We Do Them – *Janet Buckley, MEd*
  - The Role of the Home Visitor – *Amy Hood, EdD*
  - The Print-Rich Home Environment – There is More to Early Literacy Than Putting Signs on the Furniture – *Michael Gramling, MA*

**NOON – Depart to implement new ideas!**

## Training Location

The *Head Start & Early Head Start Home-Based Pre-Institute* and *The Annual Head Start & Early Head Start Home-Based Institute* will take place at the **Gatlinburg Convention Center**, located at 234 Historic Nature Trail in Gatlinburg, Tennessee. The Gatlinburg Convention Center is the first in the region to achieve the Global Biorisk Advisory Council® (GBAC) STAR™ accreditation, the gold standard for prepared facilities. Under the guidance of GBAC, a Division of ISSA, the worldwide cleaning industry association, the Gatlinburg Convention Center has implemented the most stringent protocols for cleaning, disinfection, and infectious disease prevention.



## Hotel Accommodations

We would like to recommend several hotels that are within walking distance or a quick trolley ride to the conference center:

- Hampton Inn Gatlinburg 1-865-436-4878  
967 Parkway  
Gatlinburg, TN 37738
- Courtyard by Marriott Gatlinburg Downtown 1-865-436-2008  
315 Historic Nature Trail  
Gatlinburg, TN 37738
- Holiday Inn Express Gatlinburg Downtown 1-865-868-6200  
322 Historic Nature Trail  
Gatlinburg, TN 37738

## Registering for T/TAS Events

It is easy to register online for events sponsored by T/TAS! Visit our website at [www.ttas.org](http://www.ttas.org), locate the event for which you wish to register, and then click on the register button.

**Payment Policy:** *Payment or Purchase Order is due at time of registration.* Registrations received without a copy of a purchase order or payment by credit card will be confirmed to participate in this event pending receipt of PO or payment. Spots will be held temporarily, and Cancellation policies apply.

**Registration Deadline:** Unless the event fills first, registrations for this event must be received by **September 20, 2023**.

**Enrollment is Limited:** T/TAS cannot guarantee enrollment at events. If available enrollment slots fill, you will have the option of being placed on a waiting list in case space reopens due to cancellations. We recommend you do not make hotel or travel arrangements until you receive your registration confirmation. T/TAS is not liable for any hotel or travel penalties or fees that may be incurred by participants or registrants.

**Confirmation of Registration:** Registrations can only be confirmed by email. Please provide a unique email address for each participant. If an administrator needs to receive a copy of the confirmation, please include the administrative email address on the Group Contact Profile. If you do not receive a confirmation within five days of registering for the event, please contact the T/TAS office at [ttas.register@wku.edu](mailto:ttas.register@wku.edu) or call 800-882-7482.

**Cancellations/Substitutions Policy:** To obtain a refund of registration fees (less the \$75 enrollment charge), cancellations must be received by email to [ttas.register@wku.edu](mailto:ttas.register@wku.edu) by **September 18, 2023**. If you do not receive an email confirmation of your cancellation from T/TAS within 3 business days, you must call 800-882-7482 to confirm your cancellation email was received in order to be eligible for the refund. Substitutions can be made up to the cancellation deadline date. **After the cancellation deadline date, no refunds will be provided.**

**Continuing Education Units (CEUs):** Western Kentucky University offers Continuing Education Units (CEUs) for participants successfully completing a T/TAS training seminar. To apply for CEUs, please complete the appropriate section of your registration form and include an additional fee of \$25 per person. Consult the event description to learn how many CEUs are offered for each event.

**Photo/Video/Recording Policies:** Recording this event with electronic devices is not permitted. Participants at this event may be photographed, videotaped, and/or audiotaped. By registering for the event, authorization is given to be photographed, videoed, and/or audio recorded at the event, in connection with T/TAS' programs, publications, the Internet, and public websites. T/TAS and any employees, officers, and associates, as well as any assignees, are released from all claims for damages for libel, slander, invasion of privacy, right of publicity, or any other claim based on the use of the above-described material(s).

### T/TAS Also Brings the Training to You

You have questions...T/TAS Specialists have solutions.

*Let the highly qualified T/TAS at WKU Training Specialists bring up-to-date information and best practices to your program leadership, as we work together to develop individualized strategies and solutions for your program.*

- Customized program roadmap planning
- Staff in-service/pre-service trainings delivered from a variety of remote platforms
- Need-based learning designed by you to engage in creative discussion and problem solving

To learn more, to discuss your local training needs, or to schedule training, call **800-882-7482**.





# Workshop Sessions of the 34th Annual Home-Based Institute

All times are in the Eastern Time Zone.

Registrants are required to select their choice of workshop sessions in advance as they register for the Home-Based Conference. Register under “Events” at [ttas.org](https://ttas.org).

## Wednesday, September 27, 2023

9:00 - 10:15 AM

### Opening Session

#### **Everyday Joyful Movement: Tips for Invigorating Our Daily Joys! – Luis Hernandez, MA**

Let’s use our bodies to provide power, resiliency, and calmness. The session will provide a series of exercises to get our bodies moving indoors or outdoors with home-based families in casual training. This session will also incorporate how to use music, singing, and dancing for physical learning. Lastly, we will create fun through play and movement. Get ready to move!

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10:30 AM – 11:45 PM

### Workshop Session I Selections

#### **Home — The Primary Learning Environment – Amy Hood, EdD**

This session will examine the ways in which home visitors can help families understand that their home is a classroom! Participants will discuss the importance of the adult’s facilitation in the home environment and how to use their own materials for teaching.

#### **Poverty is an Adverse Childhood Experience – Michael Gramling, MA**

Much is made of how trauma in early childhood can have lasting negative impacts on the child’s emotional and intellectual development. These traumas, known as Adverse Childhood Experiences (ACES) are not confined to families with low incomes. They include child abuse, partner abuse, divorce, and substance abuse, among others. But what about the daily trauma and deprivation of poverty, like food insecurity, unsafe neighborhoods, eviction, and many more? This session will examine the impact on child development that these experiences might cause and will offer strategies to identify and support the families who experience it.

#### **Promoting Health and Safety in Home-based – Sherri Meyer, MAE**

Join this session that will allow participants the opportunity to discuss and identify potential health issues and hazards they encounter in their everyday work. Participants will examine strategies for promoting appropriate health and safety practices in the home-based setting.

#### **FLIP IT: Transforming Challenging Behavior: The Preschool Edition – Kaity Kellett, BAE**

Teachers, caregivers, and parents are always looking for ways to support children through difficult feelings and toward healthy ways of coping. The FLIP IT strategy offers a simple, kind, strength-based, commonsense, and effective four-step process for day-to-day challenges and challenging moments with children. This training teaches participants the

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four supportive steps of FLIP IT that are designed to help young children (ages 3-8) learn about their feelings, gain self-control, and reduce challenging behavior. The four steps are embodied in the FLIP mnemonic: F – Feelings, L – Limits, I – Inquiries, and P – Prompts.

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**1:15 – 2:30 PM**

### **Workshop Session II Selections**

#### **A Special Welcome: Creating and Sustaining Family-Friendly Programs – *Luis Hernandez, MA***

Each of us appreciates a warm welcome, a pleasant encounter, a reassurance of safety and security. As members of the Home-Based Head Start team, our behaviors and attitudes are reflected in our immediate interactions and environments. While on a home visit or other informal gatherings, all children, families, and staff are part of a great learning community. This session will provide practical tips for implementing procedures and strategies that can uplift the spirit of family friendliness and warm welcomes.

#### **The Print-Rich Home Environment – There is More to Early Literacy Than Putting Signs on the Furniture – *Michael Gramling, MA***

The more opportunities young children have to interact with the printed word, the more likely they are to become proficient readers. Reading books is a great way to expose children to print, but there are opportunities available in almost every home to expose children to the many uses of print through our daily routines. Come to this session for some nuts-and-bolts activities to support early literacy in the home.

#### **Teamwork – Let’s Have Fun! – *Sherri Meyer, MAE***

This session will have us moving and thinking – all while working with a team. If you attend with colleagues or by yourself, you will take away a bit of enjoyment as well as a different view of working together.

#### **Born Learning Language and Communication (EHS) – *Kaitly Kellett, BAE***

In this training, participants will get the opportunity to examine how infants and toddlers are born ready to learn and how their role in EHS is so very important. Trainers will demonstrate the use of the HS Early Learning Outcomes throughout this series making various connections between learning activities.

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**2:45 – 4:00 PM**

### **Plenary Session**

#### **Planning the “Perfect” Home Visit: Bringing ALL of Head Start/Early Head Start into the Home - *Janet Buckley, MEd***

There may not be a magic formula for a perfect home visit but there are six elements that should go into every home visit to make it successful and productive.

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**Thursday, September 28, 2023**

**9:00 - 10:15 AM**

### **Workshop Session III Selections**

#### **Promoting Health and Safety in Home-based – *Sherri Meyer, MAE***

Join this session that will allow participants the opportunity to discuss and identify potential health issues and hazards they encounter in their everyday work. Participants will examine strategies for promoting appropriate health and safety practices in the home-based setting.

**Directors'/Managers' Forum: Home-Based Issues – Janet Buckley, MEd**

An opportunity for directors and managers of Home-Based programs to get together to discuss some of the issues that are found in all Home-Based programs. Discussion topics will include supervision, recruiting staff, planning, and staff training.

**Understanding Social/Emotional Development – Amy Hood, EdD**

This session will allow the participants to review social and emotional development and what is typical and atypical development. This will also allow for exploring behaviors and what the behaviors really “mean.” This will be more focused on the Early Head Start ages.

**The Best in Learning a New Language: Methods and Strategies on How Children (and Adults) Learn a Second Language – Luis Hernandez, MA**

We take for granted that we will learn language in our early years. Children who are new to our nation are suddenly exposed to a new language and culture. This session will refresh our understanding of basic language development and the steps in second language acquisition. We will discuss practical ideas on how to use our variety of expressions – physical, facial, and verbal- to make the learning process effective and fun.

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**10:30 AM - NOON**

**Workshop Session IV Selections**

**It’s More Than Coloring: Taking a Look at Creative Art – Sherri Meyer, MAE**

Exploring art materials tends to not be a neat activity, but it is so important for fine motor development and creative expression. There is also a component for helping families understand how to talk with their children about their art. Come join us for some fun and explorations of our own!

**Socialization Days: Time to Have Another Look at How We Do Them – Janet Buckley, MEd**

Socialization days serve multiple purposes for parents, children, staff, and the program. They require planning and linkage with the home visit activities. How we present socialization days, what we name them in our program, and listening to parents’ suggestions will be discussed.

**The Role of the Home Visitor – Amy Hood, EdD**

Have you ever felt like you are more than just a home visitor to many families? Most of us do! We wear many hats and play many different roles with the families we serve. This session will allow us to explore the various roles and responsibilities we have as we work to provide quality services to our children and families, as well as our colleagues, and how everything can get done.

**The Print-Rich Home Environment – There is More to Early Literacy Than Putting Signs on the Furniture – Michael Gramling, MA**

The more opportunities young children have to interact with the printed word, the more likely they are to become proficient readers. Reading books is a great way to expose children to print, but there are opportunities available in almost every home to expose children to the many uses of print through our daily routines. Come to this session for some nuts-and-bolts activities to support early literacy in the home.



**Successfully Serving Head Start/Early Head Start and Child Care for 50 Years!**