## Partners in Practice: Comprehensive Health for Family Service Professionals

### A Live Virtual Event May 3-4, 2023

Wednesday May 3: 10:00 am- 3:00 pm CST (1 hour lunch) Thursday May 4: 10:00 am- 12:30 pm CST



Health is the foundation of learning and positive educational and possibly life outcomes for children. No doubt, School Readiness occurs best in a climate of child health and family wellness. Many programs do not have the health staff to successfully carry-out the health, nutrition, and oral health requirements mandated by the Head Start Performance Standards, and therefore, rely heavily on case management and their Family Services staff.

Family Services professionals are in a unique position to build relationships with families and promote child and family wellness. The drawback is that often they are provided with little to no training regarding health and nutrition performance standards and requirements, their critical role in fulfilling those requirements, and even understanding the reason for comprehensive health requirements. To complicate matters, Head Start Health and Nutrition requirements are complex and often conflicting.

**Partners in Practice: Comprehensive Health for Family Services Professionals** is an information-packed virtual, yet interactive one and a half-day training intensive. It will provide Family Services staff and program managers with the basic knowledge of medical, oral health, and nutritional health necessary to effectively support the comprehensive health services mandated for Head Start/Early Head Start children, American Indian/Alaska Native, and Migrant and Seasonal Head Start children. Participants will also explore their role in promoting family wellness, as well as how they can support families in participating in ongoing care. This training will also address the current health care system, documentation and record keeping, health resources, and go-to strategies for working with children, families, and colleagues.

Because many healthcare services such as Medicaid and EPSDT are state-specific, the ways to access individualized mandates will be addressed.

The Standard Registration Fee is \$550 per person. Members of **T/TAS@Your Service** may qualify for the Subscriber Rate of \$515 per person. (Please visit www.ttas.org for information on how to become a subscriber.) For details on registering, including information on earning .65 Continuing Education Units (CEUs) for this event, please see page 3.

### **Learning Outcomes**

- ★ Participants will better understand the requirements of Head Start Performance Standards, as well as federal mandates and state regulations, in promoting comprehensive health and nutrition services for children and families.
- ★ Participants will walk away with an increased comfort level regarding their role as well as limitations in facilitating enhanced health and wellness for children and families.
- ★ Participants will recognize their importance in their agency's integrated team approach for delivering high quality, sustainable, comprehensive health, and nutrition services.

- ★ Participants will identify required services and best practice concepts and explore strategies to address challenges and barriers affecting services delivery.
- ★ Participants will be able to explain the essential role of comprehensive health and nutrition service delivery in positively impacting child outcomes and school readiness goals for enrolled children and their families.

#### **Your Presenters**



**Paula Mydlenski**, MS, RDN, CDN, a nationally acclaimed speaker and writer, has had the honor of working for almost a half-century with Head Start/Early Head Start, American Indian/Alaska Native, and Migrant & Seasonal Head Start programs. This has included over a decade of serving as Lead Health Training and Technical

Assistance Consultant for the U.S. Public Health Service in the United States Virgin Islands. А Registered and Licensed Dietitian/Nutritionist. Paula is both Infant and Preschool CLASS-Certified Observer, a CLASS Affiliate Trainer, a QCIT Certified Observer, an I Am Moving, I Am Learning (IMIL) Facilitator, and a certified Cavity-Free Kids Trainer. She is also a Wested Program for Infant & Toddler Caregiver (PITC) Trainer, and has certificates in Infant Mental Health, Partners for a Healthy Baby Prenatal Home Visiting, and administering the Ages & Stages Social & Emotional Questionnaire.



**Susan Grammond**, MPH, RDN is a nutrition consultant with over 45 years of clinical and public health experience. Most currently she was the

Clinical and Community Nutrition Coordinator of the Florida Department of Health- Palm Beach County. With an emphasis in Maternal and Child Health, she has extensive experience with both the WIC and Head Start and Early Head Start Programs. Strengths include team building and facilitation, community engagement as well as executive training for teachers, medical provider, and community agencies. She

also has experience as a Clinical Instructor with the Department of Preventive Medicine at Nova Southeastern University and Palm Beach State College. Due to unforeseen circumstances, Susan Grammond will not be participating in Partners in Practice: Comprehensive Health for Family Service Professionals.

(T/TAS reserves the right to substitute presenters.)

### **IMPORTANT** Participation and Technology Information Required to Participate

- ★ We highly recommend participating from a <u>desktop or laptop computer</u>, as opposed to a mobile device, for the best participation and audiovisual experience. A high speed internet connection is recommended as the training may be bandwidth intensive at times.
- ★ Participants must register individually and must have a valid and active individual e-mail address to participate. Groups of individuals cannot participate using a single e-mail address.
- ★ This event will require you to access the T/TAS online learning management system, T/TAS TalentLMS.
  - Participants will be sent an email before the start date with a link to login to the training.
  - New users to T/TAS TalentLMS will be required to create a unique password on your first login. Return users to T/TAS TalentLMS can login with their previously created password.

Tentative Agenda Central Time Zone	
May 3, 2023	
10:00 a.m. – Noon	Cultural and Language Impacts on Child Health
	Requirements: Head Start Performance Standards, Federal, State, and Local
	The Head Start Advisory Committee (HSAC) and Community Partners
	Culture and Language Considerations
	Child Health Status and Care
Noon – 1:00 p.m.	Lunch Break
1:00 – 3:00 p.m.	Oral Health Considerations Child Health Status and Care Continued
	Family Support Services for Health, Nutrition, and Mental Health
May 4, 2023	
10:00 a.m. –	Nutrition Services
12:30 p.m.	Mental Health Considerations
	Health Literacy
	Workshop-to-Work Planning

- After you sign in to T/TAS TalentLMS, your training will be set up as a course for you to work through to access
  instructions, content, and resource files, including the agenda and the live session links.
- You can login to T/TAS TalentLMS through any internet browser from your computer or mobile device. Some content in T/TAS TalentLMS requires that your browser accept third-party cookies to prevent compatibility issues.
- If you have technical issues logging in or viewing content, contact T/TAS at <u>ttas.info@wku.edu</u> or 800-882-7482.
- **★** The event will also require you to access the **Zoom Video Conferencing** website or app.
  - Sessions are live. No recordings will be available.
  - If you are participating in the live Zoom session on a *desktop or laptop computer*, you will find the Zoom link in your T/TAS TalentLMS training content. We recommend participants create a free Zoom account with their FIRST and LAST name before the event start date at <a href="https://com.us/freesignup/">https://com.us/freesignup/</a>. You may be asked to install the free Zoom program file.
  - If you are participating in the live Zoom session on a *mobile device*, you will need to install the free Zoom Cloud Meetings app to join the session.
- ★ Participants may experience delays in accessing the training based upon the speed and reliability of their computer or mobile device and internet access.
- ★ Participants are responsible for completion of the event within the stated timeframe.

### **Registering for T/TAS Events**

It is easy to register online for events sponsored by T/TAS! Visit our web site at <u>www.ttas.org</u>, locate the event for which you wish to register, and then click on the register button.

Payment Policy: Payment or Purchase Order is due at time of registration. Registrations received without a copy of Purchase Order or payment by check or credit card will not be confirmed to participate in this virtual event. Spots will be held temporarily, and the Cancellation Policy applies.

#### Registration Deadline: Unless the event fills first, registrations for this event must be received by April 20, 2023.

**Enrollment is Limited:** T/TAS cannot guarantee enrollment at events. If available enrollment slots fill, you will have the option of being placed on a waiting list in case a space reopens due to cancellations.

**Confirmation of Registration:** Registrations can only be confirmed by email. Please provide a unique email address for each participant. If an administrator needs to receive a copy of the confirmation, please include the administrative email address on the Group Contact Profile. If you do not receive a confirmation within five days of registering for the event, please contact the T/TAS office at ttas.register@wku.edu or call 800-882-7482.

**Cancellations/Substitutions Policy:** To obtain a refund of registration fees (less \$75 enrollment charge), cancellations must be received by email to **ttas.register@wku.edu** by **April 20, 2023**. If you do not receive an email confirmation of your cancellation from T/TAS within 3 business days, you must call 800-882-7482 to confirm your cancellation email was received to be eligible for the refund. Substitutions can be made up to the cancellation deadline date if the registrant has not yet logged into the training management system. *After the cancellation deadline date, no refunds will be provided and the full invoiced amount will be due.* 

T/TAS reserves the right to cancel the event if enrollment criteria are not met or when conditions beyond our control prevail. In the event of cancellation, each registrant will be contacted. The liability of T/TAS is limited to the refund of registration fees only.

**Continuing Education Units (CEUs):** Western Kentucky University offers Continuing Education Units (CEUs) for participants successfully completing a T/TAS training seminar. To apply for CEUs, please complete the appropriate section of your registration form and include an additional fee of \$25 per person. Consult the event description to learn how many CEUs are offered for each event.

**Photo/Video/Recording Policies:** Recording this event with electronic devices is not permitted. Participants at this event may be photographed, videotaped and/or audiotaped. By registering for the event, authorization is given to be photographed, videoed and/or audio recorded at the event, in connection with T/TAS' programs, publications, the Internet and public web sites. T/TAS and any employees, officers, and associates, as well as any assignees, are released from all claims for damages for libel, slander, invasion of privacy, right of publicity, or any other claim based on use of the above-described material(s).

#### T/TAS Also Brings the Training to You

You have questions...T/TAS Specialists have solutions. Let the highly qualified T/TAS at WKU Training Specialists bring up-to-date information and best practices to your program leadership, as we work together to develop individualized strategies and solutions for your program.

- Customized program roadmap planning
- Staff in-service/pre-service trainings delivered from a variety of remote platforms
- Need-based learning designed by you to engage in creative discussion and problem solving

To learn more, to discuss your local training needs, or to schedule training, call 800-882-7482.

# See you Virtually at Partners in Practice: Comprehensive Health for Family Service Professionals



## May 3 & 4, 2023