

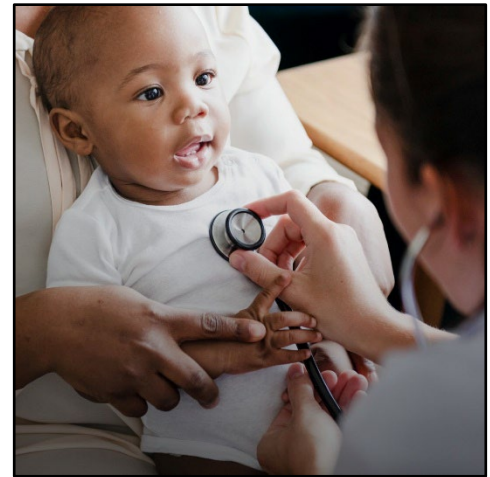
Partners in Practice: Comprehensive Health for Family Service Professionals

A Live Virtual Event

January 23 & January 25, 2024

Tuesday January 23: 10:00 am- 3:00 pm CST (1 hour lunch)
and continued on

Thursday January 25: 10:00 am- 12:30 pm CST



Health is the foundation of learning and positive educational and possibly life outcomes for children. No doubt, School Readiness occurs best in a climate of child health and family wellness. Many programs do not have the health staff to successfully carry-out the health, nutrition, mental and oral health requirements mandated by the Head Start Performance Standards, and therefore, rely heavily on case management and their Family Services staff.

Family Services professionals are in a unique position to build relationships with families and promote child and family wellness. The drawback is that often they are provided with little to no training regarding Health and Nutrition Performance Standards and requirements, their critical role in fulfilling those requirements, and even understanding the reason for comprehensive health requirements. To complicate matters, Head Start Health and Nutrition requirements are complex and often conflicting.

Partners in Practice: Comprehensive Health for Family Services Professionals is an information-packed virtual, yet interactive one and a half-day training intensive. It will provide Family Services staff and program managers with the basic knowledge of medical, nutrition, oral, and mental health necessary to effectively support the comprehensive health services mandated for Head Start/Early Head Start, American Indian/Alaska Native, Migrant and Seasonal, and Early Head Start Child Care Partnership children. Participants will also explore their role in promoting family well-being, as well as how they can support families in participating in ongoing care. This training will also address the current health care system, documentation and record keeping, health resources, and go-to strategies for working with children, families, and colleagues.

The Standard Registration Fee is \$550 per person. Members of *T/TAS@Your Service* may qualify for the Subscriber Rate of \$515 per person. (Please visit www.ttas.org for information on how to become a subscriber.) For details on registering, including information on earning .65 Continuing Education Units (CEUs) for this event, please see page 3.

Learning Outcomes

- ★ Participants will better understand the requirements of Head Start Performance Standards, as well as other federal mandates and state regulations, in promoting comprehensive health and nutrition services for children and families.
- ★ Participants will walk away with an increased comfort level regarding their role as well as their limitations in facilitating enhanced health and wellness for children and families.
- ★ Participants will recognize their importance in their agency's integrated team approach for delivering high quality, sustainable, comprehensive health and nutrition services.

- ★ Participants will identify required services and best practice concepts and explore strategies to address challenges and barriers affecting services delivery.
- ★ Participants will be able to explain the essential role of comprehensive health and nutrition service delivery in positively impacting child outcomes and promoting School Readiness goals for enrolled children and their families.

Your Presenters



Paula Mydlenski, MS, RDN, CDN, a nationally acclaimed speaker and writer, has had the honor of working for almost a half-century with Head Start/Early Head Start, American Indian/Alaska Native, and Migrant & Seasonal Head Start programs. This has included over a decade of serving as Lead Health Training and Technical Assistance

Consultant for the U.S. Public Health Service for the United States Virgin Islands Head Start Program. A Registered and Licensed Dietitian/Nutritionist, Paula is both an Infant and Preschool CLASS-Certified Observer, a CLASS Affiliate Trainer, a QCIT Certified Observer, an I Am Moving, I Am Learning (IMIL) Facilitator, and a certified Cavity-Free Kids Trainer. As a WestEd Program for Infant & Toddler Caregiver (PITC) Trainer, Paula has certificates in Infant Mental Health, Partners for a Healthy Baby Prenatal Home Visiting, and in administering the Ages & Stages Social & Emotional Questionnaire.

(T/TAS reserves the right to substitute presenters.)

IMPORTANT Participation and Technology Information Required to Participate

- ★ **We highly recommend participating from a desktop or laptop computer**, as opposed to a mobile device, for the best participation and audiovisual experience. A high speed internet connection is recommended as the training may be bandwidth intensive at times.
- ★ Participants must register individually and must have a valid and active individual e-mail address to participate. Groups of individuals cannot participate using a single e-mail address.
- ★ This event will require you to access the T/TAS online learning management system, T/TAS TalentLMS.
 - Participants will be sent an email before the start date with a link to login to the training.
 - New users to T/TAS TalentLMS will be required to create a unique password on your first login. Return users to T/TAS TalentLMS can login with their previously created password.
 - After you sign in to T/TAS TalentLMS, your training will be set up as a course for you to work through to access instructions, content, and resource files, including the agenda and the live session links.
 - You can login to T/TAS TalentLMS through any internet browser from your computer or mobile device. Some content in T/TAS TalentLMS requires that your browser accept third-party cookies to prevent compatibility issues.
 - If you have technical issues logging in or viewing content, contact T/TAS at ttas.info@wku.edu or 800-882-7482.
- ★ **The event will also require you to access the **Zoom Video Conferencing** website or app.**
 - **Sessions are live. No recordings will be available.**
 - If you are participating in the live Zoom session on a *desktop or laptop computer*, you will find the Zoom link in your T/TAS TalentLMS training content. We recommend participants create a free Zoom account with their FIRST

Tentative Agenda Central Time Zone

Tuesday January 23, 2024

- | | |
|------------------|---|
| 10 a.m. – Noon | A Family Services Perspective on Child Health
Child Health Status and Care Requirements
School Readiness and You
Family Support for Child Health Status and Care |
| Noon – 1:00 p.m. | Nourishing Lunch Break |
| 1:00 – 3:00 p.m. | Family Support for Child Health Continued
Cultural and Language Considerations
Debunking HSAC Myths
Family Support for Oral Health and Nutrition |

Thursday January 25, 2024

- | | |
|----------------------|--|
| 10 a.m. – 12:30 p.m. | Mental Health Supports and Strategies
A Health Equity Primer
Family Health Literacy and You
Sustaining the Learning:
Workshop-to-Work Planning |
|----------------------|--|

**All topics will be covered, although not necessarily in the order listed*

and LAST name before the event start date at <https://zoom.us/freesignup/>. You may be asked to install the free Zoom program file.

- If you are participating in the live Zoom session on a *mobile device*, you will need to install the free Zoom Cloud Meetings app to join the session.
- ★ Participants may experience delays in accessing the training based upon the speed and reliability of their computer or mobile device and internet access.
- ★ Participants are responsible for completion of the event within the stated timeframe.

Registering for T/TAS Events

It is easy to register online for events sponsored by T/TAS! Visit our web site at www.ttas.org, locate the event for which you wish to register, and then click on the register button.

Payment Policy: *Payment or Purchase Order is due at time of registration.* Registrations received without a copy of Purchase Order or payment by check or credit card will not be confirmed to participate in this virtual event. Spots will be held temporarily, and the Cancellation Policy applies.

Registration Deadline: Unless the event fills first, registrations for this event must be received by **January 9, 2024**.

Enrollment is Limited: T/TAS cannot guarantee enrollment at events. If available enrollment slots fill, you will have the option of being placed on a waiting list in case a space reopens due to cancellations.

Confirmation of Registration: Registrations can only be confirmed by email. Please provide a unique email address for each participant. If an administrator needs to receive a copy of the confirmation, please include the administrative email address on the Group Contact Profile. If you do not receive a confirmation within five days of registering for the event, please contact the T/TAS office at ttas.register@wku.edu or call 800-882-7482.

Cancellations/Substitutions Policy: To obtain a refund of registration fees (less \$75 enrollment charge), cancellations must be received by email to ttas.register@wku.edu by **January 9, 2023**. If you do not receive an email confirmation of your cancellation from T/TAS within 3 business days, you must call 800-882-7482 to confirm your cancellation email was received to be eligible for the refund. Substitutions can be made up to the cancellation deadline date if the registrant has not yet logged into the training management system. ***After the cancellation deadline date, no refunds will be provided, and the full invoiced amount will be due.***

T/TAS reserves the right to cancel the event if enrollment criteria are not met or when conditions beyond our control prevail. In the event of cancellation, each registrant will be contacted. The liability of T/TAS is limited to the refund of registration fees only.

Continuing Education Units (CEUs): Western Kentucky University offers Continuing Education Units (CEUs) for participants successfully completing a T/TAS training seminar. To apply for CEUs, please complete the appropriate section of your registration form and include an additional fee of \$25 per person. Consult the event description to learn how many CEUs are offered for each event.

Photo/Video/Recording Policies: Recording this event with electronic devices is not permitted. Participants at this event may be photographed, videotaped and/or audiotaped. By registering for the event, authorization is given to be photographed, videoed and/or audio recorded at the event, in connection with T/TAS' programs, publications, the Internet and public web sites. T/TAS and any employees, officers, and associates, as well as any assignees, are released from all claims for damages for libel, slander, invasion of privacy, right of publicity, or any other claim based on use of the above-described material(s).

T/TAS Also Brings the Training to You

You have questions...T/TAS Specialists have solutions.

Let the highly qualified T/TAS at WKU Training Specialists bring up-to-date information and best practices to your program leadership, as we work together to develop individualized strategies and solutions for your program.

- Customized program roadmap planning
- Staff in-service/pre-service trainings delivered from a variety of remote platforms
- Need-based learning designed by you to engage in creative discussion and problem solving

To learn more, to discuss your local training needs, or to schedule training, call **800-882-7482**.



See you Virtually at Partners in Practice: Comprehensive Health for Family Service Professionals

