

EHS 101: The Basics of Early Head Start

A live event on November 13 & 14, 2024 in Nashville, Tennessee.

Are you finding that you have new staff who just don't understand the intent and design of Early Head Start? Are you considering expansion or converting preschool slots to Early Head Start slots and you aren't sure what it entails? Are you interested in joining a group that is only focused on Early Head Start requirements and challenges? *If you answered yes to one or more of these questions, then **Early Head Start 101** is just what you need!*

T/TAS is pleased to offer **Early Head Start 101** in an in-person Institute on November 13-14, 2024 in Nashville, TN. This training was developed to assist, support, and provide program staff with the information and tools needed to implement successful Early Head Start programs.

Early Head Start provides early, continuous, intensive, and comprehensive child development and family support services to low-income infants and toddlers and their families, as well as to pregnant women and their families.

This conference will provide information to programs based on the wide variety of options that the Early Head Start program offers, such as Early Head Start-Child Care Partnerships, Early Head Start home-based and/or center-based, Early Head Start Family Child Care, and more. The trainers have a long-standing history with Early Head Start and can offer a big picture point of view to participants.



Early Head Start 101 is aligned with OHS goals of Early Head Start and will include information such as:

- Safe and developmentally enriching caregiving which promotes the physical, cognitive, social, and emotional development of infants and toddlers, and prepares them for future growth and development.
- Supporting parents, both mothers and fathers, in their role as primary caregivers and teachers of their children, along with supporting families in meeting personal goals and achieving self-sufficiency across a wide variety of domains.
- Mobilizing communities to provide the resources and environment necessary to ensure a comprehensive, integrated array of services and support for families.
- Ensuring the provision of high-quality, responsive services to families through the development of trained and caring staff.

Early Head Start 101 will be a fun-filled, interactive, training to jump-start you and your program toward providing comprehensive Early Head Start services. This conference is designed to benefit Early Head Start and child care partners. The purpose behind **EHS 101** is to provide an overview of “the basics” for managers and staff of programs (both EHS and child care) to become familiar with Early Head Start expectations. It is a time for the EHS/CCP team to work together to determine the best strategies that will fit their program needs and how to put all their plans into action.

Management staff, owners, site supervisors, and even teachers will benefit from the information provided throughout the institute. This conference is a great opportunity to also provide any new staff with the basics of Early Head Start.

Learning Outcomes:

- ★ Participants will examine the history, philosophy, and intent of Early Head Start.
- ★ Participants will develop a better understanding of prenatal services in Early Head Start.
- ★ Participants will explore regulatory requirements (including the new regulations) for the Early Head Start program in critical areas - child development and education, comprehensive services, etc.
- ★ Participants will define strategies that will ensure systems in Early Head Start are established to promote school readiness for children and families.

Seating is limited! Registration is only available until **October 31, 2024**. The Standard Registration Fee is \$650 per person. Members of **T/TAS@Your Service** may qualify for the Subscriber Rate of \$600 per person. For details on registering for this event, including information on earning 1.2 Continuing Education Units (CEUs), see page 5 of this brochure. For details on registering, please see page 4.

Tentative Agenda Central Time Zone

Wednesday, November 13, 2024

8:00 – 9:00 AM	Registration
9:00 AM – Noon	History 101: <i>Introduction & Overview of EHS</i> <i>Prenatal Women Services</i>
Noon – 1:30 PM	Recess (Lunch on your own)
1:30 – 4:30 PM	First Aid 101: <i>Health & Safety in EHS</i>

Thursday, November 14, 2024

8:00 – 8:30 AM	Continental Breakfast
8:30 AM – Noon	Family 101: <i>Family Services/ERSEA</i>
Noon – 1:30 PM	Recess (Lunch on your own)
1:30 – 4:00 PM	Education Appreciation 101: <i>EHS and School Readiness</i>
4:00 PM	Schools Out!

**All topics will be covered, although not necessarily in the order listed*



*Note: For those of you who want even more training, this will be the first “class” for EHS programs as T/TAS will offer EHS 102 -Foundations of EHS as a virtual training in the spring. EHS 102 will take the next step into the programmatic side of Early Head Start.

Your Presenters



Amy Hood, EdD, T/TAS Executive Director and Infant/Toddler Specialist, has a Doctorate in Child and Youth Studies, a Master's in Early Childhood, and a B.S. in Child Development. She is also an expert on Early Head Start, as she has worked extensively with Early Head Start administrators and caregivers since Early Head Start began and attended the first Early Head Start orientations offered by the Office of Head Start as an EHS Coordinator with a Wave I program and then providing training and technical assistance to Early Head Start programs across the United States. Dr. Hood also serves as the Project Director for the Family Child Care Network of KY and has served on the Kentucky Early Childhood Advisory Committee. Dr. Hood was also previously certified in the Program for Infant/Toddler Caregivers, Toddler CLASS, Infant/Toddler Environment Rating Scale, and as an Early Childhood Outdoor Environment Safety Specialist.



Sherri Meyer, MAE, Early Childhood Specialist, has worked in the early childhood field since 1992. She has a BA in Elementary Education with a Middle School Math Endorsement and an MA in Education in Interdisciplinary Early Childhood Education from Birth to Age 5, both from Western Kentucky University. She has worked with children from birth to school age in child-care, Head Start, and Early Head Start. Sherri has much experience working with early care and education professionals in providing training and technical assistance. She continues to enjoy being a part-time faculty member at WKU's Applied Human Sciences FACS department working with individuals interested in the early childhood field.



Melody Hedden, MHS, Special Project Consultant, has a Master of Science in Human Services from Walden University where she also completed her Bachelor of Science in Human Services. She has over 25 years of experience in Head Start. Melody received ERSEA certification through HG Jones Associates and the Family Service Credential Trainer from Portage Project.

Melody is the Head Start/Early Head Start Director for Western Kentucky University's Campus Child Care overseen by T/TAS. Before accepting the WKUCCC Head Start Director position, she was the Assistant Director of Program Services at Tri-Valley Opportunity Council in Crookston MN (2019-2023). Melody has extensive experience in ERSEA (Eligibility Recruitment Selection Enrollment Attendance) as well as PFCE (Parent Family Community Engagement). Her Head Start Career includes being a Family & Community Services Manager at Tri-Valley (2014-2019), ERSEA Specialist at Macon Program for Progress in Franklin North Carolina (2010-2014), and Family Advocate at Macon Program for Progress (1999-2010)

Melody was a Head Start child herself (1979-1981) and later enrolled her own children into Head Start. She is passionate about facilitating life-changing events in the lives of children and families while ensuring program implementation of the Head Start philosophy.

(T/TAS reserves the right to substitute presenters.)

Hotel Accommodations

The **EHS 101: The Basics of Early Head Start** Institute will take place at the Inn at Opryland, A Gaylord Hotel, located at 2401 Music Valley Drive in Nashville, Tennessee. Hotel accommodation is available at the special conference rate of \$189 per night single or double occupancy (plus applicable taxes and fees if a tax-exempt certificate is not presented at check-in). To qualify for the special conference rate, please request the room block for **WKU Early Head Start**. Reservations must be made no later than *October 12, 2024*, by contacting the hotel directly at 615-889-0800.



The room block will be held until the stated deadline or until the block is sold out, whichever comes first. Reservations are accepted on a space and rate availability basis by the hotel, and room blocks often fill quickly. Please consult the hotel for information on their specific cancellation policies, to learn about additional charges that may apply to hotel guests (i.e., parking fees, local phone charges, internet access fees, etc.), and to learn about available amenities, such as room service, in-house dining, and additional area attractions or visit <https://www.marriott.com/en-us/hotels/bnagi-the-inn-at-opryland-a-gaylord-hotel/overview/>.

Gaylord provides a complimentary shuttle for guests that loops the Inn at Opryland, the Gaylord Resort, and the Opry Mills Mall from 7:50 am – 8:00 pm daily. Starting on November 8, 2024, the Gaylord Resort will be fully decorated for Christmas with over 3 million holiday lights. You can purchase tickets separately to the Grand Ole Opry and ICE! Featuring Frosty the Snowman which are both within walking distance of the Opry Mills Mall which is Tennessee’s largest outlet and value retail destination.

Registering for T/TAS Events

It is easy to register online for events sponsored by T/TAS! Visit our website at www.ttas.org, locate the event for which you wish to register, and then click on the register button.

Payment Policy: *Payment or Purchase Order is due at time of registration.* Registrations received without a copy of a purchase order or payment by credit card will be confirmed to participate in this event pending receipt of PO or payment. Spots will be held temporarily, and Cancellation policies apply.

Registration Deadline: Unless the event fills first, registrations for this event must be received by **October 31, 2024**.

Enrollment is Limited: T/TAS cannot guarantee enrollment at events. If available enrollment slots fill, you will have the option of being placed on a waiting list in case a space opens due to cancellations. We recommend you do not make hotel or travel arrangements until you receive your registration confirmation. T/TAS is not liable for any hotel or travel penalties or fees that may be incurred by participants or registrants.

Confirmation of Registration: Registrations can only be confirmed by email. Please provide a unique email address for each participant. If an administrator needs to receive a copy of the confirmation, please include the administrative email address on the Group Contact Profile. If you do not receive a confirmation within five days of registering for the event, please contact the T/TAS office at ttas.register@wku.edu or call 800-882-7482. **Cancellations/Substitutions Policy:** To obtain a refund of registration fees (less the \$75 enrollment charge), cancellations must be received by email to ttas.register@wku.edu by **October 25, 2024**. If you do not receive an email confirmation of your cancellation from T/TAS

within 3 business days, you must call 800-882-7482 to confirm your cancellation email was received in order to be eligible for the refund. Substitutions can be made up to the cancellation deadline date. To receive a partial refund, cancellation must be made within 10 business days of registration confirmation email. After the cancellation deadline date, no refunds will be provided, and the full invoiced amount will be due.

Continuing Education Units (CEUs): Western Kentucky University offers Continuing Education Units (CEUs) for participants successfully completing a T/TAS training seminar. To apply for CEUs, please complete the appropriate section of your registration form and include an additional fee of \$25 per person. Consult the event description to learn how many CEUs are offered for each event.

Photo/Video/Recording Policies: Recording this event with electronic devices is not permitted. Participants at this event may be photographed, videotaped, and/or audiotaped. By registering for the event, authorization is given to be photographed, videoed, and/or audio recorded at the event, in connection with T/TAS' programs, publications, the Internet, and public websites. T/TAS and any employees, officers, and associates, as well as any assignees, are released from all claims for damages for libel, slander, invasion of privacy, right of publicity, or any other claim based on the use of the above-described material(s).

T/TAS Also Brings the Training to You

You have questions...T/TAS Specialists have solutions.

Let the highly qualified T/TAS at WKU Training Specialists bring up-to-date information and best practices to your program leadership, as we work together to develop individualized strategies and solutions for your program.

- ★ Customized program roadmap planning
- ★ Staff in-service/pre-service training delivered from a variety of remote platforms.
- ★ Need-based learning designed by you to engage in creative discussion and problem-solving.

To learn more, to discuss your local training needs, or to schedule training, call **800-882-7482**.



Successfully Serving Head Start/Early Head Start and Child Care for 50 Years!