

Head Start & Early Head Start Home-Based Pre-Institute

September 24, 2024

&

35th Annual Head Start & Early Head Start Home-Based Institute

September 25-26, 2024



Gatlinburg Convention Center

Gatlinburg, Tennessee

Register online at ttas.org



T/TAS
at **WKU**
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Head Start & Early Head Start Home-Based Pre-Institute: An Overview and Orientation to the Head Start Home-Based Option

September 24, 2024

Gatlinburg Convention Center

Gatlinburg, Tennessee

See Page 4 for details on the *34th Annual Home-Based Institute* on September 25-26, 2024.

Overview and Orientation to the Head Start Home-Based Option will be a full day, interactive session for staff who want to take a good look at the requirements of the Head Start Performance Standards and how those requirements apply to the Home-Based option. Presenters will discuss practical applications for carrying out the requirements of Home-Based Head Start/Early Head Start.

The first part of the day will focus on the Home-Based Program Option and the requirements that make it a great program! The second part will focus on Services to Expectant Families and how these services should be carried out and managed to ensure a quality program for all.

The Standard Registration Fee is \$450 per person. T/TAS@Your Service members may qualify for the Subscriber Rate of \$400 per person. (Please visit www.ttas.org for information on how to become a subscriber.) For details on registering for this event, including information on earning .6 Continuing Education Units (CEUs), see page 9 of this brochure.



Learning Objectives

- ★ Participants will be introduced to and review the requirements for operating a Head Start or Early Head Start program using the home-based option.
- ★ Participants will review the Head Start Program Performance Standards and discuss techniques and strategies to implement the standards in Home-Based Head Start and Early Head Start.
- ★ Participants will receive information and materials about approaches and techniques in working with home-based families.
- ★ Participants will explore the various ways that Services to Expectant Families can be implemented.

Your Presenters



Amy Hood, EdD, T/TAS Executive Director, Infant/Toddler & Early Childhood Specialist, has a Doctorate in Child and Youth Studies, an MA in Early Childhood, and a B.S. in Child Development. She is the Director of the Family Child Care Network of KY and has served as an adjunct faculty member at Western Kentucky University. Dr. Amy Hood has worked extensively with Early Head Start administrators and caregivers since Early Head Start began and is an expert on Early Head Start. She was an EHS Coordinator with a Wave I program and has provided training and technical assistance to Early Head Start programs across the United States. Dr. Hood is certified in all four modules of the Program for Infant-Toddler Caregivers and has been certified reliable on the Toddler CLASS tool.



Sherri Meyer, T/TAS Early Childhood Specialist, has worked in the early childhood field since 1992. She has a BA in Elementary Education with a Middle School Math Endorsement and an MA in Education in Interdisciplinary Early Childhood Education from Birth to Age 5, both from Western Kentucky University. She has worked with children from birth to school age in child care, Head Start, and Early Head Start. Sherri has much experience working with early care and education professionals in providing training and technical assistance. She continues to enjoy being a part-time faculty member at WKU's Applied Human Sciences FACS department working with individuals interested in the early childhood field.

(T/TAS reserves the right to substitute presenters.)

The Head Start & Early Head Start Home-Based Pre-Institute: An Overview and Orientation to the Head Start Home-Based Option

Tentative Agenda – Eastern Time Zone

Tuesday, September 24, 2024

| | |
|----------------|--|
| 8:00 – 9:00 AM | Pre-Institute Registration |
| 9:00 – Noon | Examining the Home-Based Program |
| Noon - 1:30 PM | Lunch on Your Own |
| 1:30 - 4:30 PM | Services for Expectant Families in Home Based Q&A Session |



35th Annual Head Start & Early Head Start Home-Based Institute

September 25-26, 2024

Gatlinburg Convention Center

Gatlinburg, Tennessee

The Head Start & Early Head Start Home-Based Institute is a unique training event designed for new and veteran home visitors and other staff working in programs using the home-based model for delivery of Head Start or Early Head Start services. The Institute also welcomes programs and staff interested in learning more about the Head Start home-based option or considering a home-based model as a temporary option. New home visitors, and home visitors who would like a review or refresher course, may also wish to attend **The Home-Based Pre-Institute on September 24, 2024.**

The National Home Visitor Resource Center and T/TAS have continued incorporating school readiness goals into workshops as appropriate.

The Standard Registration Fee is \$550 per person. T/TAS@Your Service members may qualify for the Subscriber Rate of \$475 per person. (Please visit www.ttas.org for information on how to become a subscriber.) For details on registering for this event, including information on earning .6 Continuing Education Units (CEUs), see page 9 of this brochure.

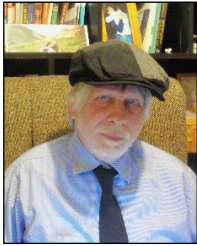


Registrants are required to select their choice of workshop sessions in advance during registration.

Learning Outcomes

- ★ Participants will receive practical information and materials specific to the home-based program option.
- ★ Participants will share strategies and techniques for working with families in home-based programs.
- ★ Participants will increase their professional knowledge of appropriate methods and materials to use in the Head Start and/or Early Head Start Home-Based option.

Your Presenters



Michael Gramling, Special Consultant and Lifelong Social Justice Advocate found his professional home in 1979 when he discovered Head Start and embraced its values and its goals – particularly those of enhancing the dignity of families living in poverty and of supporting parents as the primary educators of their children. The body of work he has produced since then reflects his values, his academic training, and his real-life experiences as a Head Start parent, teacher, and manager. Michael is the author of *The Great Disconnect in Early Childhood Education: What We Know vs. What We Do*, published by Red Leaf Press. Michael has an M.A. in Human Development from Pacific Oaks College.



Melody Hedden, Special Project Consultant, has over 25 years of experience in Head Start. Melody has a Master of Science and Bachelor of Science in Human Services from Walden University. Melody received ERSEA certification through HG Jones Associates and the Family Service Credential Trainer from Portage Project. Melody is the current Head Start/Early Head Start Director for Western Kentucky University's Campus Child Care overseen by T/TAS. Melody was a Head Start child herself (1979-1981) and later enrolled her own children into Head Start. She is passionate about facilitating life-changing events in the lives of children and families while ensuring program implementation of the Head Start philosophy.



Dr. Amy S. Hood, Executive Director & Infant/Toddler Specialist, has worked with Head Start and Child Care since 1988. She has an extensive educational background in early childhood development, with a BS in Child Development, an MA in Early Childhood, and an EdD in Child and Youth Studies. In addition to her work in T/TAS, Dr. Hood is also the Director of the Family Child Care Network of KY.



Sherri Meyer, Early Childhood Specialist, has worked in the early childhood field since 1992. She has a BA in Elementary Education with a Middle School Math Endorsement and an MA in Education in Interdisciplinary Early Childhood Education from Birth to Age 5, both from Western Kentucky University. She has worked with children from birth to school age in child-care, Head Start, and Early Head Start. Sherri has much experience working with early care and education professionals in providing training and technical assistance. She continues to enjoy being a part-time faculty member at WKU's Applied Human Sciences FACS department working with individuals interested in the early childhood field.



Ashley Ware, Family Child Care Specialist, has a lifelong passion for Early Childhood Education starting as a volunteer in her mother's Type I Child Care Program during summer and winter breaks from school. Ashley has a BS in Child Development from Eastern Kentucky University and experience leading preschool and school-aged children's classes but takes the most pride in her time working in her local Early Head Start's Infant Classroom. She works as a Family Child Care Specialist in the Family Child Care Network of Kentucky and as an advocate with local Early Childhood Councils for Family Child Care Programs. She is a Certified Kentucky Orientation Trainer specializing in Developmentally Appropriate Practices (DAP) within the Early Childhood classroom.

Head Start & Early Head Start Home-Based Institute

Tentative Agenda – Eastern Time Zone

Session descriptions are available on page 9 of this brochure.

Wednesday, September 25, 2024

- 8:00 - 9:00 AM Registration and Continental Breakfast
- 9:00 - 9:10 AM Welcome and Introductions – *Amy Hood, EdD*
- 9:10 - 10:15 AM The Many Hats of the Home Visitor – *Amy Hood, EdD*
- 10:15 - 10:30 AM Break
- 10:30 - 11:45 AM **Workshop Session I:**
- Communicating with Families – It’s an Art! — *Sherri Meyer, MAE*
 - Supporting Healthy Brain Development — *Michael Gramling, MA*
 - Social Studies with Infants and Toddlers – *Ashley Ware, BS*
- 11:45 - 1:15 PM Lunch on Your Own
- 1:15 – 2:45 PM **Workshop Session II:**
- Having Difficult Conversations with Families – *Melody Hedden, MHS*
 - Exploring Art with Infants and Toddlers – *Sherri Meyer, MAE*
 - Building Relationships of Mutual Trust and Respect – *Michael Gramling, MA*
- 2:30 - 2:45 PM Break
- 2:45- 4:00 PM Puzzling Questions – Round Robin Q & A and Networking (Optional) – *Amy Hood, EdD*

Thursday, September 26, 2024

- 8:00 - 9:00 AM Continental Breakfast
- 9:00 - 10:15 AM **Workshop Session III:**
- Working with Families in Low Poverty – *Melody Hedden, MHS*
 - Expanding Our View of Diversity, Equity, and Inclusion – *Sherri Meyer, MAE*
 - Science with Infants and Toddlers – *Ashley Ware, BS*
- 10:15 – 10:30 AM Break
- 10:30 AM – Noon **Workshop Session IV:**
- Having Difficult Conversations with Families – *Melody Hedden, MHS*
 - Appropriate Child Discipline: It’s a Sensitive Subject! – *Amy Hood, EdD*
 - Supporting Healthy Brain Development – *Michael Gramling, MA*

NOON – Depart to implement new ideas!

Training Location

The *Head Start & Early Head Start Home-Based Pre-Institute* and *The Annual Head Start & Early Head Start Home-Based Institute* will take place at the **Gatlinburg Convention Center**, located at 234 Historic Nature Trail in Gatlinburg, Tennessee. The Gatlinburg Convention Center is the first in the region to achieve the Global Biorisk Advisory Council® (GBAC) STAR™ accreditation, the gold standard for prepared facilities. Under the guidance of GBAC, a Division of ISSA, the worldwide cleaning industry association, the Gatlinburg Convention Center has implemented the most stringent protocols for cleaning, disinfection, and infectious disease prevention.



Hotel Accommodations

We would like to recommend several hotels that are within walking distance or a quick trolley ride to the conference center:

- Hampton Inn Gatlinburg 1-865-436-4878
967 Parkway
Gatlinburg, TN 37738
- Courtyard by Marriott Gatlinburg Downtown 1-865-436-2008
315 Historic Nature Trail
Gatlinburg, TN 37738
- Holiday Inn Express Gatlinburg Downtown 1-865-868-6200
322 Historic Nature Trail
Gatlinburg, TN 37738

Registering for T/TAS Events

It is easy to register online for events sponsored by T/TAS! Visit our website at www.ttas.org, locate the event for which you wish to register, and then click on the register button.

Payment Policy: *Payment or Purchase Order is due at time of registration.* Registrations received without a copy of a purchase order or payment by credit card will be confirmed to participate in this event pending receipt of PO or payment. Spots will be held temporarily, and Cancellation policies apply.

Registration Deadline: Unless the event fills first, registrations for this event must be received by **September 13, 2024.**

Enrollment is Limited: T/TAS cannot guarantee enrollment at events. If available enrollment slots fill, you will have the option of being placed on a waiting list in case a space opens due to cancellations. We recommend you do not make hotel or travel arrangements until you receive your registration confirmation. T/TAS is not liable for any hotel or travel penalties or fees that may be incurred by participants or registrants.

Confirmation of Registration: Registrations can only be confirmed by email. Please provide a unique email address for each participant. If an administrator needs to receive a copy of the confirmation, please include the administrative email address on the Group Contact Profile. If you do not receive a confirmation within five days of registering for the event, please contact the T/TAS office at ttas.register@wku.edu or call 800-882-7482.

Cancellations/Substitutions Policy: To obtain a refund of registration fees (less the \$75 enrollment charge), cancellations must be received by email to ttas.register@wku.edu by **September 11, 2024**. If you do not receive an email confirmation of your cancellation from T/TAS within 3 business days, you must call 800-882-7482 to confirm your cancellation email was received in order to be eligible for the refund. Substitutions can be made up to the cancellation deadline date. **After the cancellation deadline date, no refunds will be provided.**

Continuing Education Units (CEUs): Western Kentucky University offers Continuing Education Units (CEUs) for participants successfully completing a T/TAS training seminar. To apply for CEUs, please complete the appropriate section of your registration form and include an additional fee of \$25 per person. Consult the event description to learn how many CEUs are offered for each event.

Photo/Video/Recording Policies: Recording this event with electronic devices is not permitted. Participants at this event may be photographed, videotaped, and/or audiotaped. By registering for the event, authorization is given to be photographed, videoed, and/or audio recorded at the event, in connection with T/TAS' programs, publications, the Internet, and public websites. T/TAS and any employees, officers, and associates, as well as any assignees, are released from all claims for damages for libel, slander, invasion of privacy, right of publicity, or any other claim based on the use of the above-described material(s).

T/TAS Also Brings the Training to You

You have questions...T/TAS Specialists have solutions.

Let the highly qualified T/TAS at WKU Training Specialists bring up-to-date information and best practices to your program leadership, as we work together to develop individualized strategies and solutions for your program.

- Customized program roadmap planning
- Staff in-service/pre-service trainings delivered from a variety of remote platforms
- Need-based learning designed by you to engage in creative discussion and problem solving

To learn more, to discuss your local training needs, or to schedule training, call **800-882-7482**.





Workshop Sessions of the 35th Annual Home-Based Institute

All times are in the Eastern Time Zone.

Registrants are required to select their choice of workshop sessions in advance as they register for the Home-Based Conference. Register under “Events” at ttas.org.

Wednesday, September 25, 2024

9:00 - 10:15 AM

Opening Session

Welcome to the 35th Annual Home-Based Institute!

The Many Hats of the Home Visitor – Amy Hood, EdD – As we begin our 35th Annual Home-Based Institute, we want to salute the Home-Based Head Start Program and the dedicated folks who work in this program. Home Visitors wear MANY hats and have a variety of responsibilities that often go unnoticed by “outside” eyes. In our opening session, we want to recognize all the hats worn and celebrate their work!

10:30 AM – 11:45 PM

Workshop Session I Selections

Communicating with Families — It’s an Art! – Sherri Meyer, MAE

Come join this session if you have ever found yourself having trouble communicating, connecting, or sharing information with a family. We will explore communication styles, issues that may cause communication issues, and why we may have trouble connecting with a family. Come with your own examples and together, we will all walk away with some new and different perspectives on our relationship with our families.

Supporting Healthy Brain Development – Michael Gramling, MA

This session will explore our children's experiences that put them at greater risk than their more affluent peers. We will also examine what we can do to minimize the impact of these adverse experiences on the child’s growth.

Social Studies with Infants and Toddlers – Ashley Ware, BS

How can infants and toddlers learn more about social studies? By incorporating easy activities into their daily care routine. Come explore with us the definition of Social Studies, what it looks like for infants and toddlers, and how to incorporate it into home visits.

1:15 – 2:45 PM

Workshop Session II Selections**Having Difficult Conversations with Families – Melody Hedden, MHS**

When it comes time to discuss what really matters, ensure you have the skills to make difficult conversations flow as smoothly as possible. This session will help you be prepared ahead of time, keep expectations modest, and set realistic goals to keep the conversation on track. Each participant will develop a strategy utilizing past knowledge, comfort level, and newly gained skills.

Exploring Art with Infants and Toddlers – Sherri Meyer, MAE

Exploring art materials tends to not be a neat activity, but it is so important for fine motor development and creative expression. There is also a component for helping families understand how to talk with their children about their art. Come join us for some fun and explorations of our own!

Building Relationships of Mutual Trust and Respect – Michael Gramling, MA

Let's talk about how to build relationships and trust between families and home visitors. We will examine the ways in which we can even out the playing field between families and the home visitors, as well as explore the benefits for the child when these trusting relationships are in place.

2:45 – 4:00 PM

Puzzling Questions and Networking Opportunity Session (Optional)**Puzzling Questions – Amy Hood, EdD**

This optional session will provide an open dialogue for any staff who want to join in this networking time and ask those questions that have them “puzzled” at times about Head Start, Early Head Start, and Home-Based program option. Dr. Amy Hood will facilitate this session and will try to answer those puzzling questions OR help you find the right resources to turn to.

Thursday, September 26, 2024

9:00 - 10:15 AM

Workshop Session III Selections

Working with Families in Low Poverty – Melody Hedden, MHS

Have you truly embraced your role in facilitating life-changing moments for children and families by assisting in breaking the cycle of poverty? Join me in a discussion on connecting with families in a meaningful way while identifying strengths and resources to conquer the obstacles facing families resulting in sustained school readiness for children.

Expanding Our View of Diversity, Equity, and Inclusion – Sherri Meyer, MAE

Almost every day we hear the words diversity, equity, or inclusion. But what does that really mean and what does it look like in the early childhood education space? We will take a deeper dive into defining diversity, equity, and inclusion as well as participating in activities that will help us to use this knowledge in your interactions with each other, in your own community, with your families, and with children.

Science with Infants and Toddlers – Ashley Ware, BS

How often do you think about science? If you are like the vast majority of the population, you do not think about it often. This is shocking because science is happening all around us every single day. The same goes for infants and toddlers! Even young children are learning science every day just from things that we would not typically think is “science.” Come explore with us and see what you can find out about Science in Early Childhood.

10:30 AM - NOON

Workshop Session IV Selections

Having Difficult Conversations with Families – Melody Hedden, MHS

When it comes time to discuss what really matters, ensure you have the skills to make difficult conversations flow as smoothly as possible. This session will help you be prepared ahead of time, keep expectations modest, and set realistic goals to keep the conversation on track. Each participant will develop a strategy utilizing past knowledge, comfort level, and newly gained skills.

Appropriate Child Discipline: It’s a Sensitive Subject! – Amy Hood, EdD

This session will explore the reasons why children behave as they do. Participants will have the opportunity to examine strategies for talking with families about behavior and how to appropriately discipline children.

Supporting Healthy Brain Development – Michael Gramling, MA

This session will explore our children's experiences that put them at greater risk than their more affluent peers. We will also examine what we can do to minimize the impact of these adverse experiences on the child’s growth.



Successfully Serving Head Start/Early Head Start and Child Care over 50 Years!

