



# Renew Your Understanding of Infant & Toddler Development

## A Self-Paced Virtual Training Course

Registration open: February 13 –  
December 4, 2026

### Training Your Way

Join T/TAS and your EHS colleagues for this self-paced virtual training experience designed to address your interests and encourage reflection and networking. All materials and activities will be available for access from January 16 through December 4, 2026.

This 15-hour Early Head Start online training offers teachers, home visitors, and supervisors the opportunity to enhance their understanding of child development and gain new ideas. The content is also appropriate for infant and toddler staff working for programs other than EHS.

### Training Topics

- Understanding Pre-Natal Development
- Infant-Toddler Development
- Managing Behaviors in the Infant-Toddler Classroom
- Health, Safety, and Nutrition
- Relationships with Families.

### Training Techniques

This is a self-paced virtual training, and all instructions and materials will be available via online access. Training techniques will include reviewing meaningful resources, including articles, videos, audio clips, websites, and PowerPoint presentations. Interactive exchanges in the online discussion room will enrich the learning and encourage networking. Practical training assignments will allow each participant to practice skills.

### Quotes from previous enrollees

*Thank you! It was a wonderful recertification training! I enjoyed it and was challenged!*

*I learned a lot and will use what I learned here for the betterment of my program!*

### Learning Outcomes by Topics

- ★ Understanding Pre-Natal Development: Participants will recognize the importance of the health and well-being of the expectant family on prenatal development.
- ★ Infant-Toddler Development: Participants will examine the overall development of infants and toddlers, review developmental milestones, and examine developmentally appropriate practices.
- ★ Managing Behaviors in the Infant-Toddler Classroom: Participants will explore the behaviors of infants and toddlers and examine strategies for working appropriately with children and families.
- ★ Health, Safety, and Nutrition: Participants will identify best practices to be used in Early Head Start classrooms in the areas of health, safety, and nutrition.
- ★ Relationships with Families: Participants will investigate strategies for enhancing relationships with families, including expectant families and families with children aged from birth to three years.

## Meet the Staff Development Requirements of the Head Start Act

Participants must finish all training activities by the training end date to receive verification from T/TAS of their 15 clock hours of training. Section 648A of the *Improving Head Start for School Readiness Act* addresses staff qualifications and development and requires that every Early Head Start teacher attend no fewer than 15 hours of professional development per year. The Act states that such professional development should be "...high quality, sustained, intensive, and classroom-focused to have a positive and lasting impact on classroom instruction and the teacher's performance in the classroom."

## Meet CDA Renewal Requirements

Earn 1.5 Continuing Education Units (CEUs) to help keep your CDA current. Participants must finish all training activities by the training end date and file the required paperwork to receive CEU credit.

**The Renew Your Understanding training meets the following subject areas and hours:**

- 3 Hours of CDA Subject Area 1 - *Planning a safe and healthy learning environment.*
- 3 Hours of CDA Subject Area 2 - *Advancing children's physical and intellectual development.*
- 3 Hours of CDA Subject Area 3 - *Supporting children's social and emotional development.*
- 3 Hours of CDA Subject Area 4 - *Building productive relationships with families; and*
- 3 Hours of CDA Subject Area 8 - *Understanding principles of child development and learning.*

## Registration Fees and CEUs

The Standard Registration Fee is **\$425 per person**. For details on registering, including information on earning 1.5 Continuing Education Units (CEUs) for this event, please see page 3.

## Your Presenters



**Amy Hood, EdD**, T/TAS Executive Director, Infant/Toddler & Early Childhood Specialist, has a Doctorate in Child and Youth Studies, an MA in Early Childhood, and a B.S. in Child Development. She is the Director of the Family Child Care Network of KY and has served as an adjunct faculty member at Western Kentucky University. Dr. Amy Hood has worked extensively with Early Head Start administrators and caregivers since Early Head Start began and is an expert on Early Head Start. She was an EHS Coordinator with a Wave I program and has provided training and technical assistance to Early Head Start programs across the United States. Dr. Hood is certified in all four modules of the Program for Infant-Toddler Caregivers and has been certified reliable on the Toddler CLASS tool. (T/TAS reserves the right to substitute presenters.)



**Kaity Kellett**, T/TAS Early Childhood Consultant, Family Child Care Specialist, Family Child Care Network of KY, has a Bachelor's degree in Educational Support for Family Service with a minor in Child Development and Family Relations. She has an established background in the teaching and childcare profession. She began her career at the YMCA, directing summer camps and before/after school care. She then moved on to Head Start and Early Head Start, where she continued her work serving young children and families. Kaity is now a TA specialist for family child care providers working with infants, toddlers, and preschoolers in Kentucky. She has a passion for creating safe and quality environments for infants and toddlers.

(T/TAS reserves the right to substitute presenters.)

## IMPORTANT Participation and Technology Information Required to Participate

- ★ **We highly recommend participating from a [desktop or laptop computer](#)**, as opposed to a mobile device, for the best participation and audiovisual experience. A high-speed internet connection is recommended as the training may be bandwidth-intensive at times.
- ★ Participants must register individually and must have a valid and active individual e-mail address to participate. **Groups of individuals cannot participate using a single e-mail address.**
- ★ **This event will require you to access the T/TAS online learning management system, [TalentLMS](#).**
  - Participants will be sent an email before the start date with a link to log in to the training.
  - New users to T/TAS TalentLMS will be required to create a unique password on their first login. Return users to T/TAS TalentLMS can log in with their previously created password.
  - After you sign into T/TAS TalentLMS, your training will be set up as a course for you to work through to access instructions, content, and resource files, including the agenda and the live session links.
  - You can log in to T/TAS TalentLMS through any internet browser from your computer or mobile device. Some content in T/TAS TalentLMS requires that your browser accept third-party cookies to prevent compatibility issues.
  - If you have technical issues logging in or viewing content, contact T/TAS at [ttas.info@wku.edu](mailto:ttas.info@wku.edu) or 800-882-7482.
- ★ Participants may experience delays in accessing the training based on the speed and reliability of their computer or mobile device and internet access.
- ★ Participants are responsible for the completion of the event within the stated timeframe.

## Registering for T/TAS Virtual Events

**It is easy to register for events sponsored by T/TAS!** Register online for any T/TAS virtual event. Visit our website at [www.ttas.org](http://www.ttas.org), locate the event for which you wish to register, and then click the Register button.

**Payment Policy:** ***Payment or a Purchase Order is due at the time of registration.*** Registrations received without a copy of the Purchase Order or payment by check or credit card will not be confirmed to participate in this virtual event. Spots will be held temporarily, and the Cancellation Policy applies.

**Registration Deadline:** Unless the event fills first, registrations for this virtual event must be received by **December 4, 2026**. As this is a self-paced event, registration will remain open well past the start date.

**Enrollment is Limited:** T/TAS cannot guarantee enrollment at virtual events. If available enrollment slots fill, you will have the option of being placed on a waiting list in case there is an opening due to cancellations.

**Confirmation of Registration:** Registrations can only be confirmed by e-mail. Please provide a unique email address for the participant. If an administrator needs to receive a copy of the confirmation, please include the administrative email address on the Group Contact Profile. If you do not receive a confirmation within five days of registering for the event, please contact the T/TAS office at [ttas.register@wku.edu](mailto:ttas.register@wku.edu) or call 800-882-7482.

**Cancellations/Substitutions Policy:** To obtain a refund of registration fees (less \$75 enrollment charge), cancellations must be received by email to [ttas.register@wku.edu](mailto:ttas.register@wku.edu). If you do not receive an email confirmation of your cancellation from T/TAS within 3 business days, you must call 800-882-7482 to confirm your cancellation email was received to be eligible for the refund. Substitutions can be made up to the cancellation deadline date if the registrant has not yet logged into the training management system. **To receive a partial refund, cancellation must be made within 10 business days of the registration confirmation email. After the cancellation deadline date, no refunds will be provided, and the full invoiced amount will be due.**

T/TAS reserves the right to cancel the event if enrollment criteria are not met or when conditions beyond our control prevail. In the event of cancellation, each registrant will be contacted. The liability of T/TAS is limited to the refund of registration fees only.

**Continuing Education Units (CEUs):** Western Kentucky University offers Continuing Education Units (CEUs) for participants successfully completing a T/TAS training seminar. To apply for CEUs, please complete the appropriate section of your

registration form and include an additional fee of \$25 per person. To learn how many CEUs are offered for each event, consult the event description.

**Photo/Video/Recording Policies:** Recording or taking images of this event is not permitted, including the use of AI assistants. Participants of this event may be recorded. By registering for the event, authorization is given by you to be included in any recordings made of live webinar or meeting sessions of this event in connection with T/TAS' programs, publications, the Internet, and public websites. T/TAS and any employees, officers, and associates, as well as any assignees, are released from any and all claims for damages for libel, slander, invasion of privacy, right of publicity, or any other claim based on use of the above-described material(s).



**Successfully Serving Head Start/Early Head Start and Child Care over 50 Years!**